

# Frank's Restaurant

## Lunch Menu

### ~ Healthy and Delicious ~

#### Spinach Pomodoro

Roma Tomato, Basil, Garlic, Olive Oil, White Wine, Chicken, Spinach

Very Low Calories

Chicken \$20.95 - Meatballs \$20.95

Salmon \$20.95 - Italian Sausage (Mild or Spicy) \$21.95 - Filet Mignon \$24.95

### ~ Light Lunches ~

#### Fish Tacos

Tilapia, Cabbage, Pico de Gallo,  
Flour Tortilla, Chips

\$14.95

#### Orange Chicken

Chicken, Sweet and Spicy Orange Sauce, Steamed Rice

\$18.95

#### Spicy Ahi Tuna Tartare

Tuna, Avocado, Tortilla Chips

\$16.95

#### Beef Szechuan

Julianne Filet Mignon, Carrots, Celery,  
Green Onion, Spicy Sauce, Steamed Rice

\$20.95

#### Chef Willie's Smoked Atlantic Salmon

Field Greens, Dill Tartar Sauce

\$15.95

#### Chicken Stir Fry

Vegetables, Chicken, Steamed Rice

\$16.95

### ~ Pasta ~

#### Rigatoni with Italian Sausage (Mild or Spicy)

Rigatoni, Sausage, Bell Pepper, Onion,  
Alfredo Gorgonzola, Marinara

\$21.95

#### Pasta Pomodoro

Roma Tomato, Basil, Garlic, Olive Oil,  
Chicken, White Wine, Capellini

\$21.95

#### Tortellini Prosciutto

Prosciutto, Green Peas,  
Gorgonzola Cream Sauce, Cheese Tortellini

\$19.95

#### Frank's Pasta

Artichoke Hearts, Sun Dried Tomato, Kalamata Olives,  
Spinach, Basil, Feta Cheese, Parmesan, Linguini

\$19.95

### Thin Crust Gourmet Pizza \$15.95

#### Italian Sausage Pizza

Italian Sausage (Mild or Spicy), Mozzarella, Parmesan, Basil

#### Southwest

Barbecue Chicken, Caramelized Onions, Basil,  
Mozzarella, Cheddar Cheese

#### Vegetarian

Zucchini, Yellow Squash, Basil, Mushrooms,  
Cheddar Cheese, Parmesan

#### Italiano

Roma Tomato, Garlic, Basil, Mozzarella

#### Thai

Chicken, Cilantro, Green Onion, Carrots,  
Green & Yellow Zucchini, Mozzarella, Thai Peanut Sauce

### ~ Beverages ~

San Pellegrino Sparkling Water

\$4.25

Fresh Lemonade

\$3.75

Assorted Sodas

\$3.75

Iced Tea or Arnold Palmer

\$3.75

# Frank's Restaurant

## ~ Salads ~

Small \$11.95 - Reg. \$16.95

### Frank Salad

Chicken, Romaine Lettuce, Mesclun Mix, Dates,  
Goat Cheese, Avocado, Roma Tomato, Almonds,  
Corn Bread Croutons, Spicy Mustard Vinaigrette

### Crispy Chicken Salad

Romaine Lettuce, Mesclun Mix, Beets, Dates,  
Green Peas, Grapes, Corn, Macadamia Nuts,  
Honey Mustard Vinaigrette

### Southwest Barbecue Chicken Salad

Field Greens, Jicama, Black Beans, Tomato, Cilantro,  
Yellow Corn, Jalapeno Cheese, Tortilla Strips,  
Spicy Vinaigrette

### Mediterranean Chopped Salad

Arugula, Couscous, Roma Tomato, Corn,  
Pepitas, Smoked Salmon, Gorgonzola,  
Black Currant, Pesto Ranch

### Cobb Salad

Mixed Greens, Turkey, Tomato, Bacon, Avocado,  
Egg, Blue Cheese, Choice of Dressing

### Asian Chicken Salad

Chicken, Mixed Green, Red Cabbage, Mango, Cucumber,  
Green Onions, Cilantro, Carrots, Cashews, Almonds,  
Noodles, Sesame Seeds, Ginger Sesame Vinaigrette

### Waldorf Salad

Chicken, Field Greens, Spinach, Apple, Raisins,  
Bacon, Egg, Mango, Almonds, Walnuts,  
Asian Vinaigrette

### Poke Salad

Ahi Tuna, Sesame Seeds, Cabbage, Romaine Lettuce,  
Mesclun Mix, Daikon Sprouts, Avocado, Snow Peas,  
Crispy Wonton, Asian Vinaigrette

### Thai Chicken Salad

Napa Cabbage, Red Cabbage, Carrots, Cucumber,  
Green Onion, Cilantro, Green & Yellow Zucchini, Crispy  
Wonton, Cashews, Thai Peanut Vinaigrette

### Chicken Caesar

Romaine, Chicken, Croutons, Caesar Dressing

## ~ Sandwiches ~

Choice: French Fries or Coleslaw

(Substitute French Fries or Coleslaw for Fresh Sliced Seasonal Fruit for \$1.95)

### Frank's Burger

Ground Beef, Bacon, Cheese,  
Mushrooms  
\$15.95

### California Chicken Melt

Chicken, Grilled Onion, Tomato, Avocado,  
Jack Cheese, Sourdough Bread  
\$16.95

### Pork Sliders

Pulled Barbecue Pork, Coleslaw  
\$14.95

### Indian Wells Club

Turkey, Bacon, Tomato, Lettuce,  
Mayonnaise, Toasted Bread  
\$15.95

### Ruben

Corned Beef, Coleslaw, 1000 Island,  
Swiss, Kosher Rye Bread  
\$15.95

### Cold Sandwich

Tuna Salad, Ham or Turkey, Lettuce, Tomato  
\$14.95