



Lunch Menu

~Light Lunches~

Prosciutto e Melon

Tuscan Melon, Parma Prosciutto, Balsamic Glaze

\$11.95

Orange Chicken

Chicken, Sweet and Spicy Orange Sauce, Steamed Rice

\$15.95

Ahi Tuna Tartare

Seasoned Ahi Tuna, Mango, Avocado, Corn Tortilla Chips

\$16.95

Chicken Stir Fry

Vegetables, Chicken, Steamed Rice

\$13.95

~Healthy and Delicious ~

Spinach Pomodoro

Roma Tomato, Basil, Garlic, Olive Oil, White Wine, Chicken, Spinach

Very Low Calories

Chicken \$20.95 – Meatballs \$20.95

Salmon \$20.95 - Italian Sausage (Sweet or Spicy) \$21.95 - Filet Mignon \$24.95

~Pasta~

Linguini Porcini

Porcini Mushrooms, White Wine, Linguini

\$15.95

Tortellini Prosciutto

Prosciutto, Green Peas, Gorgonzola Cream Sauce, Cheese Tortellini

\$15.95

Pasta Pomodoro

Roma Tomato, Basil, Garlic, Olive Oil, Chicken, White Wine, Capellini

\$20.95

Frank's Pasta

Artichoke Hearts, Sun Dried Tomato, Kalamata Olives, Spinach, Basil, Feta Cheese, Parmesan, Linguini

\$18.95

Thin Crust Gourmet Pizza \$13.95

Italian Sausage Pizza

Italian Sausage (Sweet or Spicy), Mozzarella, Parmesan, Basil

Southwest

Barbecue Chicken, Caramelized Onions, Basil, Mozzarella, Cheddar Cheese

Vegetarian

Zucchini, Yellow Squash, Basil, Mushrooms, Cheddar Cheese, Parmesan

Italiano

Roma Tomato, Garlic, Basil, Mozzarella

Thai

Chicken, Cilantro, Green Onion, Carrots, Green & Yellow Zucchini, Mozzarella, Thai Peanut Sauce

Sicilian

Artichoke Hearts, Feta Cheese, Kalamata Olives, Basil, Mozzarella

~Beverages~

San Pellegrino Sparkling Water	\$4.25	Assorted Sodas	\$3.75
200ml Lemon Pellegrino	\$3.95	Fresh Lemonade	\$3.75
200ml Blood Orange Pellegrino	\$3.95	Iced Tea or Arnold Palmer	\$3.75

Frank's Restaurant

~Salads~

Mediterranean Chopped Salad

Arugula, Couscous, Roma Tomato, Corn,
Smoked Salmon, Pepitas, Gorgonzola Cheese,
Black Currant, Pesto Ranch

Reg. \$16.95 – Sm. \$9.95

Crispy Chicken Salad

Romaine Lettuce, Mesclun Mix, Beets, Dates,
Green Peas, Grapes, Corn, Macadamia Nuts,
Honey Mustard Vinaigrette

Reg. \$16.95 – Sm. \$9.95

Southwest Barbecue Chicken Salad

Field Greens, Jicama, Black Beans, Tomato, Cilantro,
Yellow Corn, Jalapeno Cheese, Tortilla Strips,
Spicy Vinaigrette Dressing

Reg. \$16.95 – Sm. \$9.95

Caprese

Buffalo Mozzarella, Heirloom Tomatoes, Balsamic Glaze

\$11.95

Cobb Salad

Mixed Greens, Turkey, Tomato, Bacon, Avocado,
Egg, Blue Cheese, Choice of Dressing

\$13.95

Poke Salad

Ahi Tuna, Sesame Seeds, Cabbage, Romaine Lettuce,
Mesclun Mix, Daikon Sprouts, Avocado, Snow Peas,
Crispy Wonton, Asian Vinaigrette Dressing

Reg. \$16.95 – Sm. \$9.95

Frank Salad

Chicken, Romaine Lettuce, Mesclun Mix, Dates,
Goat Cheese, Avocado, Roma Tomato, Almonds,
Corn Bread Croutons, Spicy Mustard Vinaigrette

Reg. \$16.95 – Sm. \$9.95

Thai Chicken Salad

Napa Cabbage, Red Cabbage, Carrots, Cucumber,
Green Onion, Cilantro, Green & Yellow Zucchini, Crispy
Wonton, Cashews, Thai Peanut Vinaigrette Dressing

Reg. \$16.95 – Sm. \$9.95

Chicken Caesar

Romaine Lettuce, Chicken, Croutons, Caesar Dressing

\$13.95

Insalata di Finocchi

Baby Arugula, Fennel, Artichokes Hearts,
Goat Cheese, Pine Nuts, White Balsamic Vinaigrette

\$13.95

~Sandwiches~

Served with French Fries or Coleslaw

(Substitute French Fries or Coleslaw for Fresh Sliced Seasonal Fruit for \$1.95)

Fish Tacos

Tilapia, Cabbage, Pico de Gallo, Flour Tortilla, Chips

\$12.95

Ahi Tuna Burger

Ahi Tuna, Lettuce, Tomato, 1000 Island Dressing

\$18.95

Indian Wells Club

Turkey, Bacon, Tomato, Lettuce, Toasted Bread

\$13.95

Reuben

Corned Beef, Coleslaw, Swiss, Jewish Rye Bread

\$14.95

Pork Sliders

Pulled Barbecue Pork, Coleslaw

\$9.95

Frank's Burger

Ground Beef, Bacon, Cheese, Mushrooms

\$13.95

California Chicken Melt

Chicken, Grilled Onion, Tomato, Avocado,
Jack Cheese, Sourdough Bread

\$15.95

Cold Sandwich

Tuna Salad, Ham or Turkey, Lettuce, Tomato

\$12.95